# TALIPARAMBA ARTS AND SCIENCE COLLEGE, KANHIRANGAD

# **NSS UNIT: 44**

# 2022-23 ANNUAL PROGRAMME REPORT

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# **BLOOD DONATION**

On 26/01/2023 NSS volunteers of TALIPARAMBA ARTS AND SCIENCE COLLEGE donated blood at PARIYARAM MEDICAL COLLEGE. 8 NSS volunteers donated blood. KIRAN. S (2nd English) VAISAKH. K. V (2nd electronics), ANAND. K. V( 2nd English) ,JESNA VINCENT (2nd C. S) , AJO GEORGE (2nd c.s), RISHIKESH. T. V (2nd B com) , MUHAMMAD SALMAN (2nd c.s), ASRAY BABU (2nd English)



# **SWACHATHA**

#### 1. SWACHATHA RUN

On 19/11/2023 TASC NSS unit in association with TALIPARAMBA BLOCK PANJAYATH conducted a SWACHATHA RUN. PARIYAARAM PANJAYATH member R. GOPALAN master flag off the run. Economics department professor SHANOJ sir delivered the pledge. The SWACHATHA RUN started from college and end at CHENNANUR junction. 35 volunteers participated in the SWACHATHA RUN.



#### 2. PLASTIC COLLECTION BIN

As part of the "plastic-free campus" initiative, NSS volunteers of Taliparamba Arts and Science College built a plastic collection container in the college's campus. The containers are placed in multilocations.



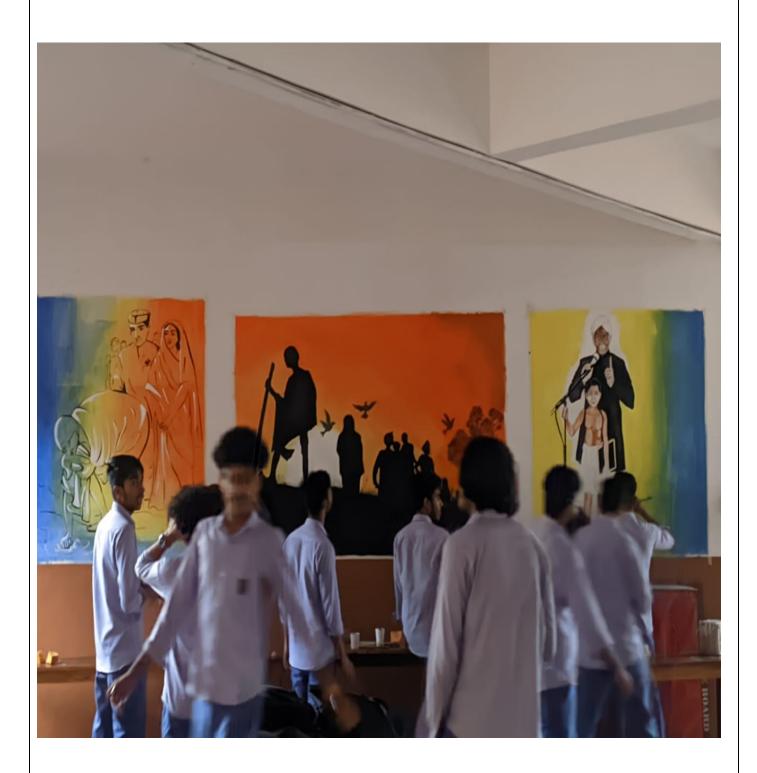
## **PLANTATION**

On 5<sup>th</sup> June "environment day" we have planted different types of plant around the college campus. NSS volunteers and college principal were present in the programme.



# **AZADI KI AMRITH MAHOLSTAV**

On Independence Day as part of AZADI KI AMRITH MAHOLSTAV volunteers and college students created a freedom wall (wall painting about freedom fight). 3 pictures were drawn on the wall.



# ANTIDRUG ACTIVITY

#### 1. PLEDGE AGAINST DRUG USAGES

On 1<sup>st</sup> November 2022 NSS volunteers, college staff and college students took a pledge not to use drugs at CHENAYANNUR. All the students and staffs where present during the pledge.



## 2. POSTER MAKING COMPETITION

Conducted a poster making competition about "SAY NO TO DRUGS" on 14/10/2022 at college seminar hall .12 students participated in the competition.



# YOGA

On 21 June 2022 as part of yoga day TASC NSS unit have conducted a yoga class at college seminar hall. Students as well as teachers participated in the yoga class.



## <u>AIDS</u>

On 1<sup>st</sup> December 2023, on aids day, in order to create an awareness about AIDS, the NSS unit has conducted a quiz competition for all the college students. There were a healthy competition between students and around 18 students participated in the competition.



# **OTHER IMPORTANT ACTIVITIES**

### 1. NSS camp

NSS 7 days camp was conducted on 23/12/2023 to 29/12/2023 at KOTTILLA School. 50 students participated in the camp.





#### 2. VISITED OLD AGE HOMES

Thaliparamba Arts and Science College NSS Unit visited HOPE Charitable Trust. The volunteers helped in filling up the grow bags and planted seeds in it. Around 50 grow bags were made likewise. The volunteers also contributed a sum of money for the meals for the residents in the HOPE.



#### 3. INDEPENDENCE DAY CELEBRATIONS



#### 4. ORIENTATION PROGRAMME

An orientation programme was conducted for the new NSS volunteers who have joined the NSS unit .The session was inaugurated by the principal and MANOJ.K.V engaged the class. All the new NSS volunteers were present in the programme.



#### 5. COMPETITIONS

On behalf of women's day, we conducted an essay writing competition for all the students. The competition was conducted in English as well as Malayalam. A total of 25 students participated in the competition.



#### 6. SPELETAOS

Speletaos was a fun game organised by the NSS volunteers as part of NSS day celebration. It was a simple as well as an addictive game event. There were 10 different games where each winners could win a gift. It was super fun which attracted a lot of students to try their luck.



# THANK YOU.